

15<sup>th</sup> July 2022

Dear Parents,

On Monday 18th July and Tuesday 19th July when temperatures are forecast to be 38°C we will be following the Heatwave Plan set out by the Government;

#### Protecting children outdoors

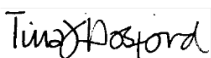
- no vigorous physical activity
- children to stay in the shade as much as possible
- wear loose, light-coloured clothing (pale blue PE shirt and shorts)
- wear sunhats with wide brims to avoid sunburn
- use sunscreen (at least factor 15 with UVA protection) to protect skin
- drink plenty of water (such as water from a cold tap) and encourage them to drink more than usual

#### Protecting children indoors

- windows will be opened as early as possible in the morning before children arrive
- when the outdoor air becomes warmer than the air indoors windows will be partially closed – this should help keep the heat out while allowing adequate ventilation
- the blinds will be closed but not blocking ventilation
- the use of electric lighting will be kept to a minimum
- electrical equipment, including computers, monitors and printers will be turned off when not in use
- other spaces will be used which are less likely to overheat, and
- layout of teaching spaces will be adjusted to avoid direct sunlight on children
- oscillating mechanical fans may be used to increase air movement if temperatures are below 35°C; at temperatures above 35°C fans may not prevent heat-related illness
- children will be encouraged to eat normally and drink plenty of cool water

The current guidelines state that schools should not consider closing due to the high temperatures forecast.

Yours faithfully



Mrs T J Hosford  
Headteacher

