



Folly Road, Great Waldingfield, Sudbury, SUFFOLK, CO10 0RR  
TEL: 01787 374055

8<sup>th</sup> April 2022

Dear Parents,

During Children's Mental Health Awareness week some of the younger children took part in Forest School with Amy Acorn at the Old School Wood by the church. These 'tasters' were so successful that we would like more of the children to experience Forest School. Year 3 will have ten sessions with Amy during the summer term on the following dates.

Tuesday 26 <sup>th</sup> April 2022	Tuesday 7 <sup>th</sup> June 2022
Tuesday 3 <sup>rd</sup> May 2022	Tuesday 14 <sup>th</sup> June 2022
Tuesday 10 <sup>th</sup> May 2022	Tuesday 21 <sup>st</sup> June 2022
Tuesday 17 <sup>th</sup> May 2022	Tuesday 28 <sup>th</sup> June 2022
Tuesday 24 <sup>th</sup> May 2022	Tuesday 5 <sup>th</sup> July 2022

Forest School encourages children to explore and take risks in a supportive environment. It develops confidence and self-esteem through hands-on experiences in a natural setting. Children work together on projects to learn team-building skills and value the input of others.

On a Forest School day, the children need to arrive in clothes suitable for being outside. Long trousers/leggings/joggers and a long-sleeved top. The best thing is layers of dark coloured clothing as they may well get muddy. The children will also need a waterproof coat (waterproof over-trousers are also a good idea depending on the weather). Wellington boots or sturdy walking boots will also be needed and a change of shoes for when they are back in school.

Yours sincerely,

A handwritten signature in black ink that reads 'Tina Hosford'.

Mrs T J Hosford  
Headteacher

