

June 2022

Dear Parent/Carer,

Rowans – Kentwell Hall

As part of the history curriculum this year, Rowans Class learnt about the Tudors. We wanted the children to experience Tudor Life in the local area as if they were living at that time. In order to do this, we will be visiting Kentwell Hall for an immersive Tudor experience.

The trip will be taking place on Friday 1st July. To keep down cost could we please ask that you bring your child to Kentwell hall for 9am at the main gate and collect at 3pm. If you are unable to get them there, maybe you could ask to share lifts with another parent or please speak to us and we will sort something out.

As part of the experience, the children will need to dress the part. Please see guidance attached to this letter on ideas on what to wear. Please don't feel the need to buy anything, just use what you have.

Your child will need to bring a packed lunch with them, along with a water bottle. If your child receives free school meals, you can order a lunch on the reply slip below. The cost of this trip is £18.50 for the admission fee. This is available to pay on Arbor.

Kind Regards,



Mrs Figura
Year 3 Class Teacher

----- **Year 3 Kentwell Hall – 1st July 2022** -----

I give permission for _____ (Child's name) to visit Kentwell Hall on Friday 1st July.

I will drop my child off at Kentwell Hall at 9am and collect them at 3pm

OR I give permission for _____ to collect my child

I have paid the £18.50 for the Kentwell Hall admission fee via Arbor.

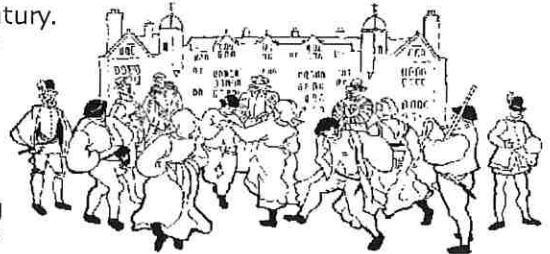
I would like to order my child a lunch Ham / Cheese / Tuna Roll (Please circle)

Signed _____ Print _____ Date _____

SCHOOLS COSTUME NOTES

These notes are to help everyone make and understand the clothes which are worn by the adults and children who live and work at Kentwell and which visiting children, teachers and helpers should all wear too.

When you visit Kentwell, you will be going back to the sixteenth century. The clothes you will see the people who live and work on the manor wearing are very different to the ones we all wear in the twentieth century. We would like you to wear simple, peasant clothes which you can make (or adapt from clothes you already have) very easily. You will have a lot more fun and feel more at home on your visit if you wear the clothes we outline here, than if you come in something very grand which you have hired or borrowed and then spend all day worrying about getting dirty or tearing it!



WHY TUDOR CLOTHES LOOK DIFFERENT TO OURS

Tudor clothes look different because they covered up more of the body and they were much more bulky than our modern clothes. Everyone would start off with two basic layers and then add more clothes as necessary. Next to the skin in the place of our vests, pants etc. everyone wore a long garment of linen, called a smock. This garment was comfortable and could be washed easily. Normally the smock was covered with the layer of outer clothes, generally made of wool. If you were cold, you would simply put on another layer over what you were already wearing.

Here are some children and some teachers, dressed to visit a Kentwell event:



CLOTHES FOR BOYS

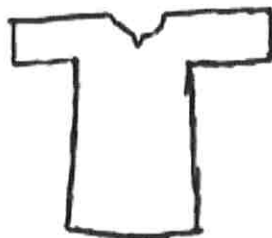
Boys wore tight-fitting doublets on the upper part of their body and hose (like knickerbockers) and long socks or stockings over the legs. They might add looser garments – jerkins (or jackets) or hukes (or tabbards) on top of their doublets for extra warmth. They would all wear hats on their heads.

FIRST, MAKE YOUR SMOCK.

This is a simple T-shaped garment of plain cotton, just about long enough to sit on.

You can make your pattern by enlarging this one. The neck should have a narrow 'V' about 6 inches long.

If you are feeling adventurous, how about a drawstring neck?



On top of your smock, you will wear your DOUBLET and HOSE, made of a plain-coloured, thickish fabric: an old curtain, an old blanket etc.

For your doublet, cut two fronts and one folded back. Join the fronts to the back across the shoulders and down the sides, from the armholes to waist.



For your HOSE, cut one waistband, two kneebands and two legs. Join up the inside leg seams, then sew legs together down the centre back seam and part of the way up the centre front seam. Pleat this onto the waist band and pleat each leg onto knee bands (the legs should be loose and baggy). Fasten waistband with tapes or buttons.



Socks should be plain wool-type and reach above the knees, or go bare-legged if it is warm enough.

To keep warm, wear a huke or tabbard (an oblong of blanket with a hole in the middle for your head) over your doublet (secured by your belt), or a jacket made by adding sleeves to a larger-sized doublet.



Hat

Doublet

Smock

Hose

Socks



OTHER IMPORTANT THINGS

For your HAT (everyone must wear one), see the enclosed Classroom Project – 'Making a Boys Hat'.

You will need an APRON – a straight apron on a waistband, with no pleats or gathers, or a rectangle of fabric tucked into your belt.

You need a BELT from which to hang your POCKET (a pouch of leather or of your doublet material closed with a drawstring – see the enclosed Classroom Project 'Making a Hanging Pocket') and your CUP, which you will hang from your cup string (see the enclosed Classroom Project 'Making a Cupstring').

For shoes, flat, sturdy shoes are most suitable.

WEATHER

If it is wet: Wear wellingtons or other waterproof shoes.

If it is cool: it is best not to bring a coat as this will be cumbersome. Wear foundation layers under your costume.

HOW TO CHEAT...

Smock: you may have a T-shirt, or, better still, a man's collarless shirt (remove buttons + sew up to 6" from the top) that you can use instead. Plain colours only.

Doublet and Hose: a waist coat (plain fabric, front and back) may do for a doublet. Tuck baggy (track suit) trousers into long football socks, to make them look like breeches!

CLOTHES FOR GIRLS

For girls, the basic outer garment was a dress called a kirtle – a tight-fitting bodice on the upper part of the body, joined to a long, full skirt, coming down almost to the ankle. Over this, they might wear a jacket or put a huke (or tabbard) about them if it was cold. They would have an apron and would never go without a coif on their heads.

FIRST, MAKE YOUR SMOCK.

This is a simple T-shaped garment of plain cotton, reaching down to mid-calf.

Make a front and a back, both this shape, and sew together. Gather up the neck with a drawstring if it is too large.

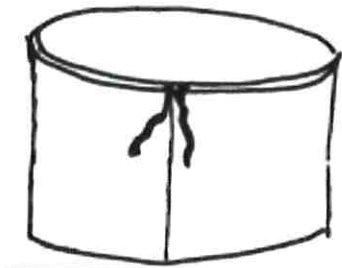


On top of this, you wear a BODICE and a KIRTLE, both made of plain-coloured, thickish fabric: wool, an old curtain, heavy linen etc.

For the BODICE part, cut two fronts and one folded back. Join fronts to back across the shoulders and down sides, from armholes to waist. Make lace holes down the centre front, use a long lace (e.g. from your trainers) to lace it up.



For the KIRTLE (skirt) part, cut a rectangle four times the measurement of your waist. Pleat onto a waistband, or make a channel at the top and run a draw string through. The bottom should come just above your ankle.



Legs should be bare (if it is warm) or wear knee-length socks.

To keep warm, wear a huke or tabbard (an oblong of blanket with a hole in the middle for your head) over your bodice (secured by your belt), or a jacket can be made by adding sleeves to a larger version of the bodice.



HOW TO CHEAT...

Smock: you may have a T-shirt, or, better still, a man's collarless shirt (remove buttons + sew up to 6" from the top) that you can use instead. Plain colours only.

Bodice and Kirtle: a waist coat (plain fabric, front and back) may do for a bodice.

Add a long, plain skirt and a white head-cloth and apron and you have an instant 'Tudor' look!

Hat
Bodice
Smock
Belt
Apron
Cup
Kirtle



OTHER IMPORTANT THINGS

You must cover your head, all of your hair and your fringe with a COIF. Use the 'Making a Girl's Tudor Coif' notes, or make a triangle of white cotton the size of a headscarf. Tie the long ends at the back of your head.

Your head must be covered, whatever the weather!

You will need an APRON – a straight apron on a waistband, with no pleats or gathers, or a rectangle of fabric tucked into your belt.

You need a BELT from which to hang your POCKET (a pouch of leather or of your bodice material closed with a drawstring – see the enclosed Classroom Project 'Making a Hanging Pocket') and your CUP, which you will hang from your cup string (see the enclosed Classroom Project 'Making a Cupstring').

For shoes, flat, sturdy shoes are most suitable.

WEATHER

If it is wet: Wear wellingtons or other waterproof shoes.

If it is cool: best not to bring a coat as this will be cumbersome. Wear foundation layers under your costume.